

## Healthy Eating Policy

In Carrig N.S. we wish to promote healthy eating. Children are **not** allowed to bring **bars, fizzy drinks, crisps, chewing gum or popcorn to school.**

Also, as Carrig is a *Green School*, we would ask you to be mindful of the packaging used on produce included in your child's lunch. We would like to keep this to a minimum to reduce the volume of material to be re-cycled or dumped.